

Massage Guest Intake Form

Personal Information:

Name: _____ Phone: (____)____-____ Type: H W C
(If cell include carrier for text confirmations)

Address: _____

City/State/Zip: _____

Email: _____ Date of Birth: _____

Occupation: _____ How were you referred to us: _____

Emergency Contact Name & Phone: _____ (____)____-____

What is your preferred method of contact for follow-up within 1 week after your visit? Please include cell phone & carrier for texting, email address preferred, or phone number where messages may be left:

Medical History:

In order to plan a massage session that is safe and effective, some general information about your medical history is needed.

1. Are you currently under medical supervision? Yes() No()
If yes, please explain: _____

2. Do you see a chiropractor? Yes() No() If yes, how often? _____

3. Are you currently taking any medication? Yes() No()
If yes, please list: _____

4. What type of massage are you here for today? (Note: a relaxation massage will NOT include working out "knots" or any other form of corrective bodywork)

Relax Pediatric Pre-natal Bodywork Combination Sports Chair Reflexology Essential Oil Unsure

Would you like gluteal work done? ____ Yes ____ No Would you like abdominal work done? ____ Yes ____ No

5. Please check & circle any condition(s) listed below that a **doctor has diagnosed you** with:

() Easy bruising () Atherosclerosis

- | | |
|---|---|
| <input type="checkbox"/> Recent accident or injury | <input type="checkbox"/> Deep vein thrombosis / Blood clots (circle) |
| <input type="checkbox"/> Recent fracture | <input type="checkbox"/> Joint disorder / Rheumatoid arthritis / Osteoarthritis / Tendonitis (circle) |
| <input type="checkbox"/> Recent surgery | <input type="checkbox"/> Osteoporosis / Lordosis / Kyphosis / Scoliosis (circle) |
| <input type="checkbox"/> Artificial joint | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Sprains | <input type="checkbox"/> Headaches / Migraines (circle) |
| <input type="checkbox"/> Strains | <input type="checkbox"/> Cancer _____ (type) |
| <input type="checkbox"/> Allergies / Sensitivity (list below) | <input type="checkbox"/> Diabetes / Hypoglycemia (circle) |
| <input type="checkbox"/> Heart condition | <input type="checkbox"/> Decreased sensation / Neuropathy |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Back / Neck problems (circle) |
| <input type="checkbox"/> Low blood pressure | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Circulatory disorder | <input type="checkbox"/> TMJ |
| <input type="checkbox"/> Varicose veins | <input type="checkbox"/> Carpal tunnel syndrome |
| <input type="checkbox"/> Phlebitis | <input type="checkbox"/> Tennis elbow |
| <input type="checkbox"/> Lymphadema | <input type="checkbox"/> Skin disorder / Explain: _____ |
| <input type="checkbox"/> Pregnancy / If yes, how many weeks _____ / Due date: ___/___/___ | |

Please explain any condition that you have marked previously:

ALLERGIES/SENSITIVITIES—Please list

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

6. Is there anything else about your health history that you think would be useful for your massage practitioner to know to plan a safe and effective massage session for you?



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I certify the above is true, correct & complete to the best of my knowledge & accept responsibility in making sure any changes to the above information are changed as soon as they occur.

_____ I, _____, the Legal Guardian or Natural Parent of the above named minor, do hereby acknowledge I will not accompany said minor into the session room (initials indicate agreement).

Agreement & Informed Consent to Treatment

Client has been properly informed & agrees to the treatment plan outlined during the consultation & may revoke this agreement at any time by calling an end to the session or by discontinuing visits. We agree to adhere to the specified boundaries. If for some reason the Client cannot adhere to the boundaries, the Therapist will discuss a course of action that may result in a right to refuse treatment of the Client.

Signature of Guest: _____ Date: __/__/____
(or Legal Guardian)

Printed Name of Guest: _____
(or Legal Guardian)